

SAVE THE DATES

Feb. 4th – Palm Beach County
Schools Early Release Day
Feb. 11th & 12th – Spring Pictures
Feb. 12th – Classroom Valentine's
Day Parties
Feb. 15th – NO School Palm Beach
County – No VPK (Camp Available)
Feb. 23rd – Palm Beach County
Schools Early Release Day
Feb. 24th – Dentist Visit

CURRICULUM

CREATIVE

Week 1: Ground Hog
Week 2: Valentine's Day
Week 3: Dental Health
Week 4: Zoo Animals

SPECIAL LEARNING

Week 1 & 2:
The Petting Zoo with Mr. R
Week 3:
Wild Animals with Mr. Z
Week 4:
Insects Everywhere with Mr. I

DID YOU KNOW YOU CAN PAY TUITION ONLINE?

www.tuitionexpress.com



DON'T KNOW WHAT TO REQUEST FOR A BIRTHDAY OR SPECIAL OCCASION GIFT?

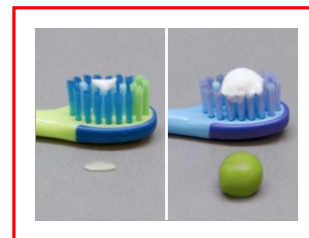
How about a GIFT CERTIFICATE
for use at our center! Great for
tuition, camps, aftercare,
evening care... Ask at the front
desk for more information!



How to Care for Your Child's Teeth

<http://www.mouthhealthy.org/en/babies-and-kids>

Starting your child off with good dental care can help protect their teeth for decades to come. A baby's 20 primary teeth are already present in the jaws at birth. Those baby teeth that begin coming through the gums around 6 months help set the stage for future smiles by keeping space in the jaw for adult teeth.



The ADA recommends parents take children to a dentist no later than their first birthday. Here's what you can do at home to start healthy habits:

Begin cleaning your baby's mouth during the first few days after birth by wiping the gums with a clean, moist gauze pad or washcloth. As soon as teeth appear, decay can occur. A baby's front four teeth usually push through the gums at about 6 months of age, although some children don't have their first tooth until 12 or 14 months. Until you're comfortable that your child can brush on his or her own, continue to brush your child's teeth twice a day with a child-size toothbrush and a pea-sized amount of fluoride toothpaste. When your child has two teeth that touch, you should begin flossing their teeth daily.

For children younger than 3 years, caregivers should begin brushing children's teeth as soon as they begin to come into the mouth by using fluoride toothpaste in an amount no more than a smear or the size of a grain of rice. Brush teeth thoroughly twice per day (morning and night) or as directed by a dentist or physician. Supervise children's brushing to ensure that they use of the appropriate amount of toothpaste. For children 3 to 6 years of age, use a pea-sized amount of fluoride toothpaste. Brush teeth thoroughly twice per day (morning and night) or as directed by a dentist or physician. Supervise children's brushing and remind them not to swallow the toothpaste.



FEBRUARY BIRTHDAY CORNER

A special **HAPPY BIRTHDAY** goes out to...

Ms. Ortiz – 2/1
Xochilt C. 2/7
John. R. – 2/14
James M. – 2/23

Alyssa G. – 2/2
Anne'christie L. – 2/7
Yariel A. – 2/19
Ms. Modesto 2/24

Rosa R. – 2/2
Annabella A. – 2/12
Gabriel D. – 2/21
Ashton H. – 2/28

Jasmine S. 2/6
Jaziyah P. – 2/13
Ms. Ramirez – 2/22

DID YOU KNOW WE OFFER AFTERCARE?

AGES 5-12 YEARS OLD!

Our aftercare is available 5 days a week. We DO provide pick-up service from most area schools.

We offer:

- Teacher assisted homework
- Arts & crafts
- Enrichment activities & more
- Computer room
- Games
- Snacks provided

To register or get more information, ask at our front desk or call us at 561-629-8005.



DID YOU KNOW YOU WE OFFER EVENING CARE?

Mon. thru Fri. 6pm to 11:30pm. We offer drop-in, babysitting services, date night, night shift hour care. Dinner and snacks included! Ask at the front desk to see how we can provide your child great care that fits your schedule – at great rates!

NOW OFFERING

GREAT NEWS!
Bright Beginnings now offers
EVENING CARE Monday thru Friday from
6pm-11:30pm!



HAVE YOU “LIKED” US ON FACEBOOK?

Take a minute to “LIKE” us on Facebook so you will get the latest news, event info, center information and more!

[Facebook.com/BrightBeginningsFlorida](https://www.facebook.com/BrightBeginningsFlorida)



Making a Zoo Visit with Small Children

<http://www.whattoexpect.com/toddler/kids-day-out/making-a-zoo-visit-with-toddlers.aspx>

There's a reason that “Old MacDonald” is the most beloved song of the toddler years: Little kids love animals. But your little one's unlikely to cross paths with too many different species besides dogs and cats (and the occasional gerbil) in his everyday life. Your best bet for animal education is to go on a family outing to a zoo near you. Here's what to know to make a day with kids at the zoo a roaring success.



WHEN TO GO ON A ZOO VISIT

The youngest toddlers can be stimulated and engaged on a visit to the zoo, even if they just look and listen from afar (or from the comfort of your arms). Older kids at the zoo can delve more deeply into the fascinating elements of animal life, like what they eat or where they live, as they listen to a (brief) trainer talk or watch (or even participate in) a feeding. Even though the fun and learning quotients are high, it's still best to keep your zoo trip to about two hours, which is the max that munchkins can manage without getting tired or cranky. One more word to the wise: If possible, take kids to the zoo when the crowds are smaller (during the week, during the day).

DURING YOUR ZOO VISIT

Stick (mostly) to the petting zoo. It's tempting to take your tot to see lions and tigers and bears (oh my!), but these creatures hang in sprawling landscapes, making them tougher for toddlers to spot. The petting zoo is a much better place to take toddlers because little ones can see animals up close and even interact with them. If your sweetie's heart is set on seeing safari animals, head over during scheduled feeding times or trainer talks to guarantee a good view.

Don't feed the animals people food. Animals eat animal crackers, right? That makes sense to your toddler, who may be anxious to share his stash. Be sure to explain (and enforce) that these creatures eat only special animal food. If he's gung ho about feeding, buy some feed from the vending machines at the petting zoo and let the nibbling begin. Just be sure to whip out your hand sanitizer or head to a sink soon after the feeding frenzy.

Use your senses. Encourage your child to activate all his senses (well, except taste). As he cuddles the lamb, ask how his coat feels (fuzzy? scratchy?). How does the llama smell? (Stinky is a popular response.) What about those monkeys? Are they quiet or loud? And how about that toucan's beak? Those are called stripes. These simple questions really engage kids at the zoo and help your child learn while he's having fun.

Walk the walk, talk the talk. Kids love to imitate, so a trip to the zoo is the perfect time to practice their mimicry skills. Challenge your child to trumpet like an elephant or walk like an ape. Then once you're home, do your best animal imitations and see if he can name that beast.

Get info about our school at: www.brightbeginningsprep.com